



HEALING & WELLNESS

Handmade Gifts

POCKET DREAMCATCHERS

Handmade.

Detailed with a glass bead.

Each inspirational dreamcatcher is packaged individually.

1-½" (3.81cm) round

\$6.50
EACH

Carry these
Dreamcatchers for a
daily dose of motivation
and inspiration!



SKU: MON-PDC1



SKU: MON-PDC2



SKU: MON-PDC3



SKU: MON-PDC4



SKU: MON-PDC5



SKU: MON-PDC6



SKU: MON-PDC7



SKU: MON-PDC8



SKU: MON-PDC9



SKU: MON-PDC10



SKU: MON-PDC11



SKU: MON-PDC12

ANSWER FEATHERS

Handmade in Canada.
Natural feathers ~ sizes and
colours may vary.
3-½" to 4-½" (8.89 to 10.16cm)

\$4.99
EACH

For those seeking answers,
keep your feather with you
throughout the day, your
answer will be come clear
within the next day!



ANSWER FEATHER
FOR
FRIENDSHIP

SKU: MON-AF1



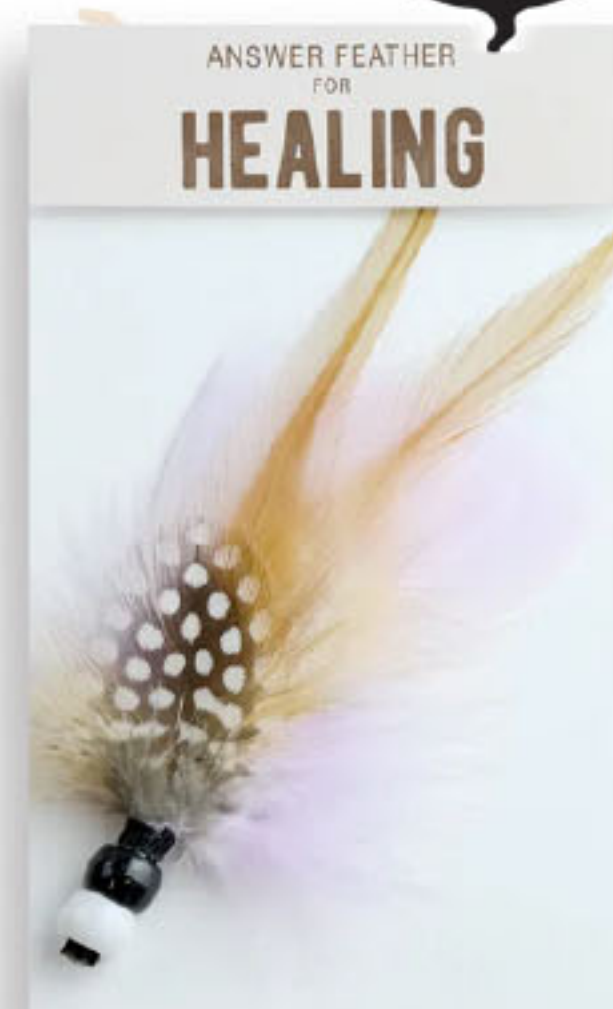
ANSWER FEATHER
FOR
GUIDANCE

SKU: MON-AF2



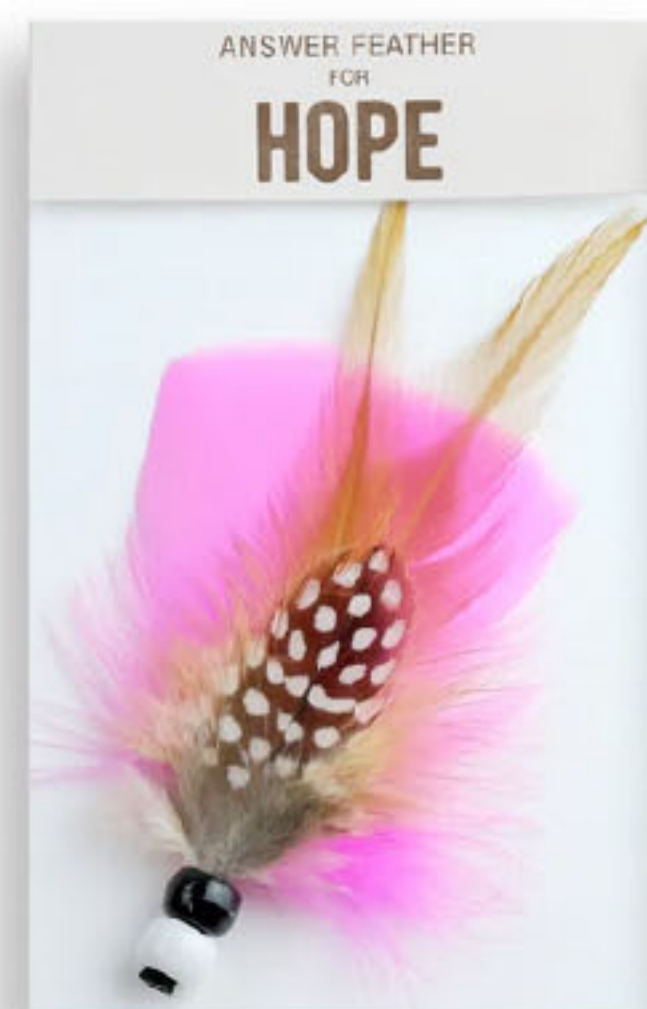
ANSWER FEATHER
FOR
HAPPINESS

SKU: MON-AF3



ANSWER FEATHER
FOR
HEALING

SKU: MON-AF4



ANSWER FEATHER
FOR
HOPE

SKU: MON-AF5



ANSWER FEATHER
FOR
INSPIRATION

SKU: MON-AF6



ANSWER FEATHER
FOR
LOVE

SKU: MON-AF7



ANSWER FEATHER
FOR
LUCK

SKU: MON-AF8



ANSWER FEATHER
FOR
PEACE

SKU: MON-AF9



ANSWER FEATHER
FOR
PROTECTION

SKU: MON-AF10



ANSWER FEATHER
FOR
SUCCESS

SKU: MON-AF11



ANSWER FEATHER
FOR
WISDOM

SKU: MON-AF12

SMUDGING FEATHERS



SKU: MON-MF21
\$59.95

Smudge Feathers. Sold
in packs of 12. Available
in assorted natural
colors. Feather length
ranges from 6 to 7
inches
(excluding holder).
Handcrafted in Canada



Power Stone Intention Kits

Made in Canada!

\$11.99
EACH



EACH KIT CONTAINS

- ~ 3 genuine semi-precious stones
- ~ 3 intention cards
- ~ quartz point crystal
- ~ smudge feather
- ~ drawstring pouch
- ~ guide

"Abundance & Success"

SKU: MON-PSKIT1

Amethyst, Opal, and Amazonite

"Friendship & Kindness"

SKU: MON-PSKIT2

Amazonite, Lapis Lazuli, and Rose Quartz

"Healing & Strength"

SKU: MON-PSKIT3

Aventurine, Red Goldstone, and Tiger's Eye

"Love & Happiness"

SKU: MON-PSKIT4

Rose Quartz, Clear Quartz, and Citrine

"Peace & Serenity"

SKU: MON-PSKIT5

Lapis Lazuli, Hematite, and Tiger's Eye

"Renewal & New Beginnings"

SKU: MON-PSKIT6

Labradorite, Hematite, and Amazonite

Kids' Power Stone Kits

Ages 6+

"Kids Confidence"

SKU: MON-PSKIT7

Amethyst, Citrine, and Amazonite

"Kids Courage"

SKU: MON-PSKIT8

Hematite, Tiger's Eye, and Red Goldstone

"Kids Imagination"

SKU: MON-PSKIT9

Clear Crystal, Labradorite, and Citrine

"Kids Kindness"

SKU: MON-PSKIT10

Opal, Lapis Lazuli, and Rose Quartz

"Kids Love"

SKU: MON-PSKIT11

Rose Quartz, Clear Quartz, and Amethyst

"Kids Mindfulness"

SKU: MON-PSKIT12

Lapis Lazuli, Tiger's Eye, and Aventurine



EACH KIT CONTAINS

- ~ 3 genuine semi-precious stones
- ~ 3 intention cards
- ~ quartz point crystal
- ~ smudge feather
- ~ drawstring pouch
- ~ guide

\$11.99
EACH

POCKET POWER STONES

Power stones have healing properties.

Power stones are all natural and will vary in size, shape, and colour.

\$3.50
EACH

Made in Canada!



Power stones
combine
their natural
powers with
the strength of
your desires
to help you in
your spiritual,
emotional,
physical
and holistic
healing.

THE POWER OF CLEAR QUARTZ
clarity
GENUINE SEMI-PRECIOUS STONE

Power Stones from Mother Earth have healing properties. Hold this Clear Quartz Power Stone while meditating and feel the Power of Clarity that emanates from the stone.

Give the Gift of Handmade
Offrez le cadeau du "Fait à la main"

SKU: MON-PS10
Clear Quartz

THE POWER OF ROSE QUARTZ
empathy
GENUINE SEMI-PRECIOUS STONE

Power Stones from Mother Earth have healing properties. Hold this Rose Quartz Power Stone while meditating and feel the Power of Empathy that emanates from the stone.

Give the Gift of Handmade
Offrez le cadeau du "Fait à la main"

SKU: MON-PS11
Rose Quartz

THE POWER OF AMETHYST
intuition
GENUINE SEMI-PRECIOUS STONE

Power Stones from Mother Earth have healing properties. Hold this Amethyst Power Stone while meditating and feel the Power of Intuition that emanates from the stone.

Give the Gift of Handmade
Offrez le cadeau du "Fait à la main"

SKU: MON-PS12
Amethyst

THE POWER OF HEMATITE
optimism
GENUINE SEMI-PRECIOUS STONE

Power Stones from Mother Earth have healing properties. Hold this Hematite Power Stone while meditating and feel the Power of Optimism that emanates from the stone.

Give the Gift of Handmade
Offrez le cadeau du "Fait à la main"

SKU: MON-PS13
Hematite

THE POWER OF CITRINE
positivity
GENUINE SEMI-PRECIOUS STONE

Power Stones from Mother Earth have healing properties. Hold this Citrine Power Stone while meditating and feel the Power of Positivity that emanates from the stone.

Give the Gift of Handmade
Offrez le cadeau du "Fait à la main"

SKU: MON-PS14
Citrine

THE POWER OF TIGER EYE
resilience
GENUINE SEMI-PRECIOUS STONE

Power Stones from Mother Earth have healing properties. Hold this Tiger Eye Power Stone while meditating and feel the Power of Resilience that emanates from the stone.

Give the Gift of Handmade
Offrez le cadeau du "Fait à la main"

SKU: MON-PS15
Tiger's Eye

THE POWER OF RED GOLDSTONE
confidence
GENUINE SEMI-PRECIOUS STONE

Power Stones from Mother Earth have healing properties. Hold this Red Goldstone Power Stone while meditating and feel the Power of Confidence that emanates from the stone.

Give the Gift of Handmade
Offrez le cadeau du "Fait à la main"

SKU: MON-PS16
Red Goldstone

THE POWER OF GREEN AVENTURINE
healing
GENUINE SEMI-PRECIOUS STONE

Power Stones from Mother Earth have healing properties. Hold this Green Aventurine Power Stone while meditating and feel the Power of Healing that emanates from the stone.

Give the Gift of Handmade
Offrez le cadeau du "Fait à la main"

SKU: MON-PS17
Aventurine

THE POWER OF OPAL
passion
GENUINE SEMI-PRECIOUS STONE

Power Stones from Mother Earth have healing properties. Hold this Opal Power Stone while meditating and feel the Power of Passion that emanates from the stone.

Give the Gift of Handmade
Offrez le cadeau du "Fait à la main"

SKU: MON-PS18
Opal

THE POWER OF AMAZONITE
success
GENUINE SEMI-PRECIOUS STONE

Power Stones from Mother Earth have healing properties. Hold this Amazonite Power Stone while meditating and feel the Power of Success that emanates from the stone.

Give the Gift of Handmade
Offrez le cadeau du "Fait à la main"

SKU: MON-PS19
Amazonite

THE POWER OF LABRADORITE
balance
GENUINE SEMI-PRECIOUS STONE

Power Stones from Mother Earth have healing properties. Hold this Labradorite Power Stone while meditating and feel the Power of Balance that emanates from the stone.

Give the Gift of Handmade
Offrez le cadeau du "Fait à la main"

SKU: MON-PS20
Labradorite

THE POWER OF LAPIS LAZULI
truth
GENUINE SEMI-PRECIOUS STONE

Power Stones from Mother Earth have healing properties. Hold this Lapis Lazuli Power Stone while meditating and feel the Power of Truth that emanates from the stone.

Give the Gift of Handmade
Offrez le cadeau du "Fait à la main"

SKU: MON-PS21
Lapis Lazuli

Smudge Products

SMUDGE KIT

10.375"L x 6.5"W x 2"H
(26.3cm x 16.5cm x 5cm)

- ~ Feather
- ~ Shell
- ~ Sweetgrass Bundle
- ~ Cedar Bundle
- ~ Sage Bundle
- ~ Wood Stand

SKU: SMU-01
\$59.95
EACH



BEGINNER SMUDGE KIT

9.25"L x 6"W x 2"H
(23cm x 15cm x 5cm)

- ~ Feather
- ~ Shell
- ~ 3 Sage Bundles
- ~ Tea Light

SKU: SMU-02
\$29.95
EACH



each kit comes
in a beautifully
illustrated
storage box



NATURAL ABALONE SMUDGE SHELLS

Average size 3" diameter

SKU: SMU-03
\$14.95
EACH



Average size 5" diameter

SKU: BOWL-03
\$19.95
EACH



TRADITIONAL SMUDGE KITS

Sage

Individually packaged.
Includes: Feather, Sage, and
Smudging Guide.

SKU: MON-SMK1
\$10.99
EACH



Sweetgrass

Sweetgrass

Individually packaged.
Includes: Feather, Sweetgrass,
and Smudging Guide.

SKU: MON-SMK2
\$10.99
EACH



SMUDGE KITS

\$57.99/EACH

Made in Canada!



“Honour Mother Earth”

SACRED SMUDGE KIT

SKU: MON-SMK33

Mini Cedar Smudge, Mini Sage Smudge, Botanical Smudge, Ceramic Dish, Smudge Feather Fan, Quartz Crystal Point and Smudging Guide.



“Sacred Stones”

SACRED SMUDGE KIT

SKU: MON-SMK34

Sage Smudge, Ceramic Dish, Smudge Feather Fan, 4 Polished Semi-precious Stones, Lanyard with Semi-precious Lava Stones, Quartz Crystal Point, Sacred Land Oil Blend and Smudging Guide.



“Traveller”

SMUDGE KIT

SKU: MON-SMK35

Mini Sweet Grass Braid, Mini Sage Smudge, Ceramic Dish, Smudge Feather Fan, Lava Stone Dream Catcher, Quartz Crystal Point, Ojibway Sun Oil Blend and Smudging Guide.

“Love”

SMUDGE KIT

Sage Smudge, Rose Quartz Semi-precious Stone, Ceramic Dish, Smudge Feather Fan, Quartz Crystal Point, and Smudging Guide.

SKU: MON-SMK31

\$31.99

EACH



“Beginners”

SMUDGE KIT

Mini Cedar Smudge, Mini Sage Smudge, Mini Sweetgrass Braid, Ceramic Dish, Smudge Feather Fan, Quartz Crystal Point, and Smudging Guide.

SKU: MON-SMK30

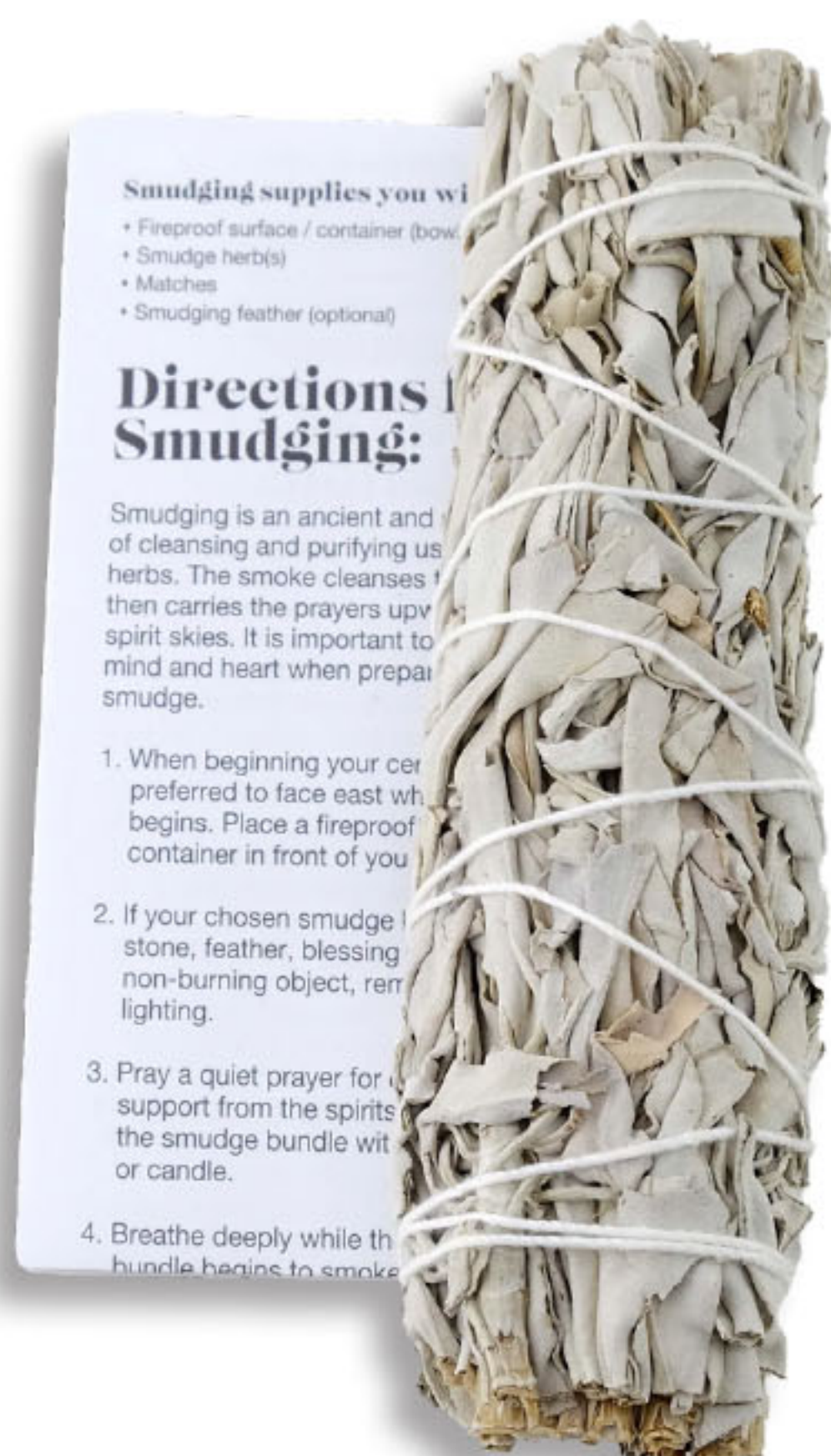
\$37.99

EACH

SMUDGE BUNDLES

Made in Canada!

Each Smudge bundle is individually packaged and comes with smudging directions. Due to being natural, wildy grown herbs, bundle sizes will vary.



Medium Bundle

5-1/2" to 6-1/2" (14cm to 16.5cm)

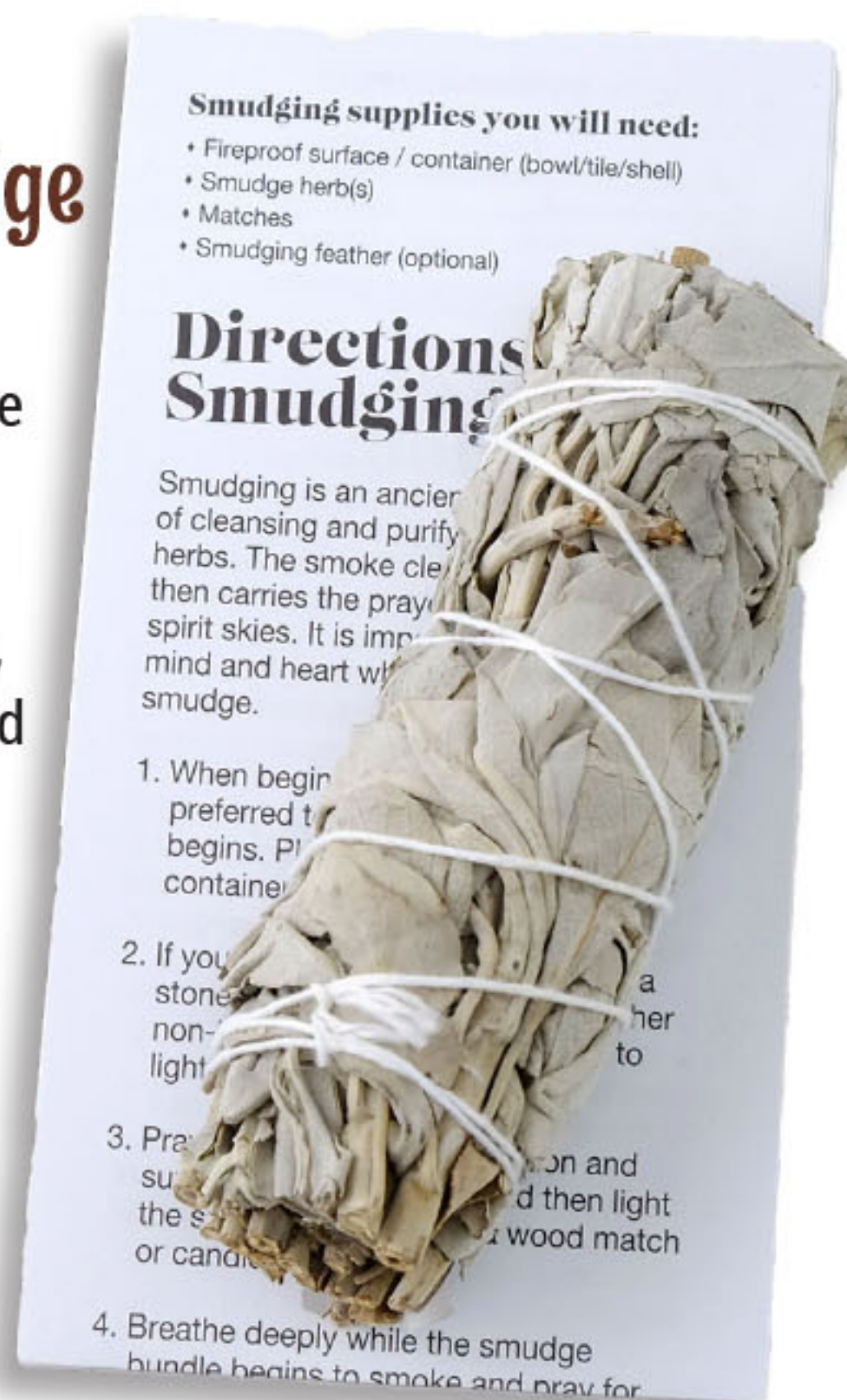
SKU: MON-SM2

\$14.50

EACH

Sage Smudge Bundle

Sage Smudge is used for protection, ceremonies, cleansing and honour.



Small Bundle

3-1/2" to 5" (8.89cm to 12.7cm)

SKU: MON-SM4

\$9.99

EACH



Cedar Smudge Bundle

Cedar Smudge is used for protection, ceremonies, cleansing and honour.

4" to 6" (10.1cm to 15.2cm)

SKU: MON-SM5

\$11.99

EACH



Power Blend Smudge Bundle

Cedar, Sage and Sweetgrass. 6" to 6-1/2" (15.2cm to 16.5cm)

SKU: MON-SM6

\$19.50

EACH



Sweetgrass Braid

Sweetgrass is traditionally used or burned for purification and blessing. 10" to 18" (25.4cm to 45.7cm)

SKU: MON-SM3

\$20.99

EACH

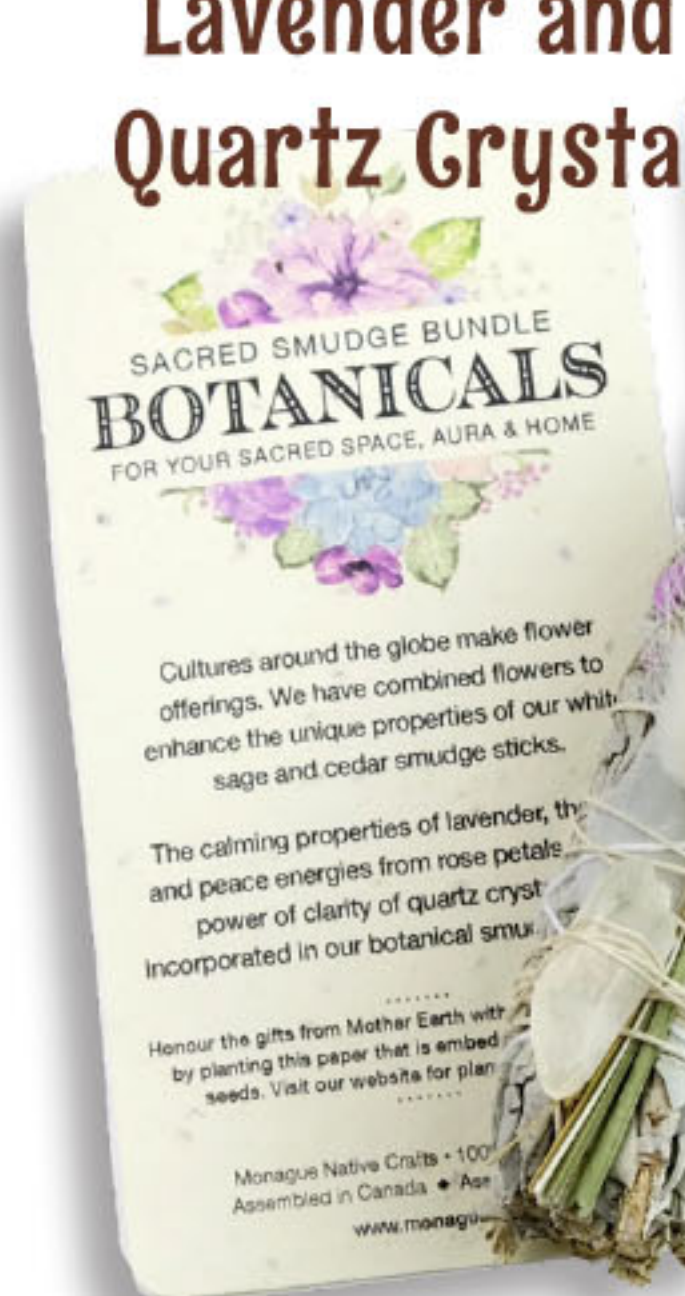
BOTANICAL SMUDGE BUNDLES

Due to being a natural, wildy grown herb, these white sage and cedar bundle sizes will vary and are approximate:

SMALL SAGE: 3.5" to 5" (8.89cm to 12.7cm)

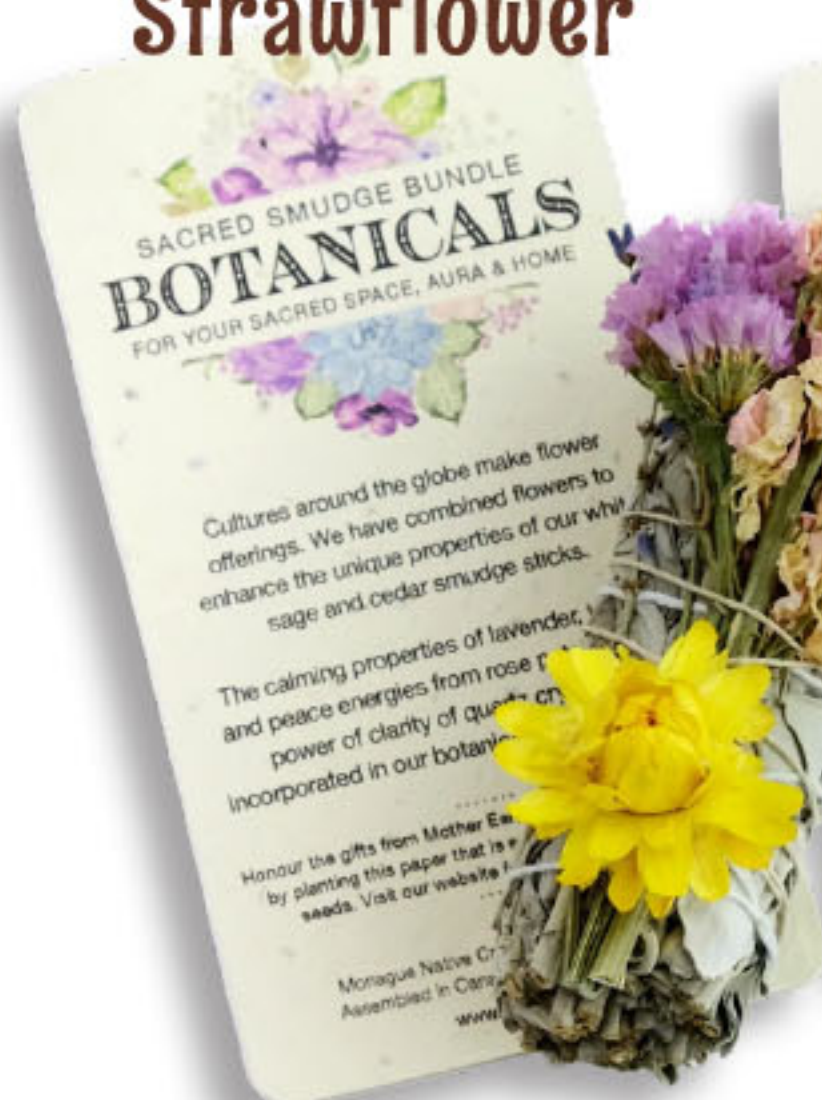
LARGE SAGE: 8" to 9" (20.3cm to 22.9cm)

Small Sage with Lavender and Quartz Crystal



SKU: MON-SMN1
\$20.99
EACH

Small Sage with Lavender and Strawflower



SKU: MON-SMS1
\$19.50
EACH

Large Sage with Lavender and Quartz Crystal

SKU: MON-SMN3
\$35.99
EACH

Each bundle is accompanied with a plantable paper embedded with wildflower seeds and smudging directions.

Large Sage with Lavender and Strawflower

SKU: MON-SMS3
\$35.99
EACH

BLESSING SMUDGE BUNDLES

\$35.99
EACH

Cleansing Space

is accompanied with an Amethyst semi-precious stone from Mother Earth, a smudging feather, a uniquely written blessing scroll and smudging directions.

- Large sage: 8" to 9" (20.3cm to 22.9cm)

SKU: MON-SMB2

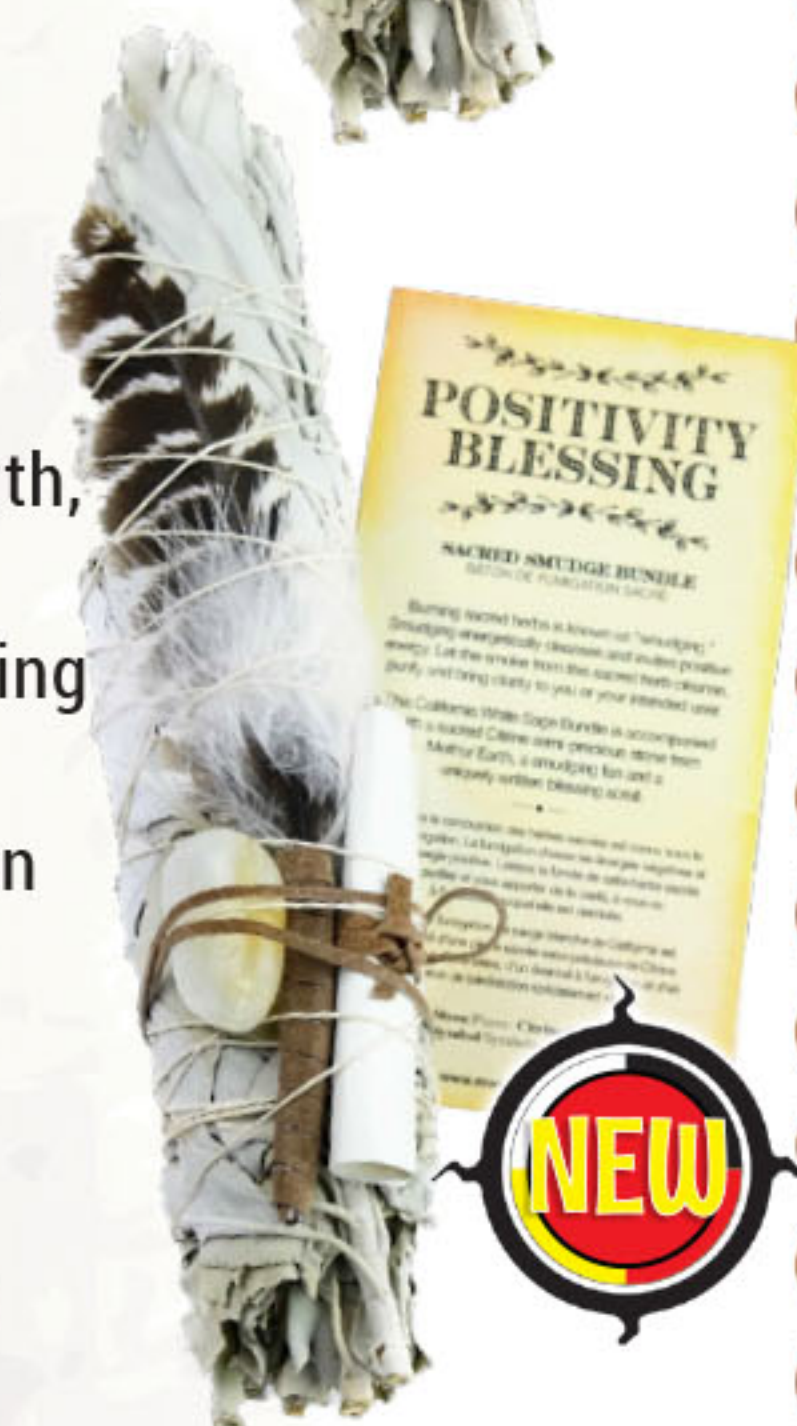


Positivity

is accompanied with a Citrine semi-precious stone from Mother Earth, a smudging feather, a uniquely written blessing scroll and smudging directions. Comes in an organza pouch.

- Large sage: 8" to 9" (20.3cm to 22.9cm)

SKU: MON-SMB3



Love

is accompanied with a Rose Quartz semi-precious stone from Mother Earth, a smudging feather, a uniquely written blessing scroll and smudging directions.

- Large sage: 8" to 9" (20.3cm to 22.9cm)

SKU: MON-SMB5



Scents for the Senses

Made in Canada!

EARTH'S ESSENCE BLENDS

Made in Canada. Each blend lifts your spirit, and offers both aromatic and topical benefits.

EAGLE'S WHISPER	Bergamont, Patchouli, Orange	Clarity and Renewal
MOTHER NATURE	Cedar, Lavender, Grapefruit	Relaxation, Focus, and Connection to Nature
NATURE'S BREATH	Peppermint, Rosemary, Lavender	Tension Relief, Reduces Stress
OJIBWAY SUN	Sweet Orange, Vanilla, Lemon Grass	Inspires Joy, Motivation, and Lightness
SACRED LAND	Sweet Grass, Vanilla, Ylang-Ylang	Soothes the Heart and Spirit, Brings Peace
SWEET DREAMS	Sandalwood, Amber, Ylang-Ylang	Helps Relaxation, Prepares for Deep Sleep
CEDAR	Cedar	Ease Stress, Restore Focus, Create Balance
SAGE	Sage	Supports Renewal and Clarity, Clear Negativity, Invite Fresh Energy
SWEETGRASS	Sweetgrass	Promotes Peace and Connection, Balance and Serenity
POWER BLEND	Cedar, Sage, Sweetgrass	Combines Properties of All Three Oils

EARTH'S ESSENCE INCENSE CONES

Hand-dipped and all-natural. 20 cones per pillow pack.

\$9.99
EACH



MON-INCON1	EAGLE'S WHISPER
MON-INCON2	MOTHER NATURE
MON-INCON3	NATURE'S BREATH
MON-INCON4	OJIBWAY SUN
MON-INCON5	SACRED LAND
MON-INCON6	SWEET DREAMS
MON-INCON7	CEDAR
MON-INCON8	SAGE
MON-INCON9	SWEETGRASS



EARTH'S ESSENCE INCENSE STICKS

20 sticks per pack

\$8.50
EACH

MON-INCE1	EAGLE'S WHISPER
MON-INCE2	MOTHER NATURE
MON-INCE3	NATURE'S BREATH
MON-INCE4	OJIBWAY SUN
MON-INCE5	SACRED LAND
MON-INCE6	SWEET DREAMS
MON-INCE7	CEDAR
MON-INCE8	SAGE
MON-INCE9	SWEETGRASS
MON-INCE10	POWER BLEND

EARTH'S ESSENCE OIL BLENDS

Made in Canada.

Oil blends are ideal for diffusing your space and meditation. For use in oil burners, oil diffusers, and essential oil jewelry. Dilute for skin-safe use.

10ml

MON-E01	EAGLE'S WHISPER
MON-E02	MOTHER NATURE
MON-E03	NATURE'S BREATH
MON-E04	OJIBWAY SUN
MON-E05	SACRED LAND
MON-E06	SWEET DREAMS
MON-E07	CEDAR
MON-E08	SAGE
MON-E09	SWEE GRASS
MON-E010	POWER BLEND

\$12.99
EACH



Each blend lifts your spirit,
and offers both aromatic and
topical benefits.

NATIVE COLLECTION ALL-NATURAL INCENSE STICKS

20 per pack

\$8.50
EACH

MON-INCC11	Cedar
MON-INCC12	Sage
MON-INCC13	Sweetgrass
MON-INCC14	Honeysuckle/Rose
MON-INCC16	Sandalwood
MON-INCC17	Power Blend
MON-INCC22	Vanilla/Sweetgrass
MON-INCC23	Sandalwood/Cedar
MON-INCC24	Lavender/Wild Flowers

NATIVE COLLECTION OIL BLENDS

\$12.99
EACH

Made in Canada.

Mixed with distilled water, witch hazel, and tea tree essential oil.

Safe for the skin and offers natural antiseptic benefits. Use in your essential oil burner, essential oil diffuser or on essential oil jewelry.

10ml

Perfect for diffusing, mindful
rituals, or topical use, it's a powerful
companion for emotional balance and
everyday wellness.

SKU:
MON-E026



MON-E021	Cedar
MON-E022	Sage
MON-E023	Sweetgrass
MON-E024	Sandalwood
MON-E025	Vanilla/Sweetgrass
MON-E026	Lavender/Wild Flowers
MON-E027	Sandalwood/Cedar
MON-E028	Honeysuckle/Rose



TRAVEL TIN CANDLES

100% Natural Soy
Single cotton wick

4-oz (114gm)
30+ hours

\$29.95
EACH

Made in Canada!



SKU: TTC4-01
CEREMONY
SWEETGRASS, CEDAR,
TOBACCO, SAGE



SKU: TTC4-02
GIVING THANKS
CINNAMON, CRANBERRY,
DARK PATCHOULI, SPICES



SKU: TTC4-03
INDIAN SUMMER
PUMPKIN, PATCHOULI,
CINNAMON



SKU: TTC4-05
WOODLAND FOREST
CEDAR, FIR, PINE



SKU: TTC4-06
SMUDGE
SWEETGRASS



TRAVEL TIN CANDLES

100% Natural Soy
Double cotton wicks

8-oz (228gm)
50+ hours

\$39.95
EACH

*Eco-friendly
100% Natural
Indigenous Designed
Made in Canada*



SKU: TTC8-01
CEREMONY
SWEETGRASS, CEDAR,
TOBACCO, SAGE



SKU: TTC8-02
GIVING THANKS
CINNAMON, CRANBERRY,
DARK PATCHOULI, SPICES



SKU: TTC8-03
INDIAN SUMMER
PUMPKIN, PATCHOULI,
CINNAMON



SKU: TTC8-06
SMUDGE
SWEETGRASS



SKU: TTC8-05
WOODLAND FOREST
CEDAR, FIR, PINE

SCENTED TRAVEL CANDLES

Made in Canada!



Three Sisters	Sweetgrass	Blackberry Sage	Jingle Dress
PUMPKIN PIE WITH CINNAMON Perfect for fall. Pumpkin pie notes are dominant in this candle, with a heavy dash of cinnamon. Topped with a sprinkle of cinnamon.	SLIGHTLY SWEET GRASSY SCENT A complex, fresh, grassy fragrance with a bit of a sweet note. Topped with handpicked Sweetgrass. Inspired by one of the four Sacred Medicines.	CLEAN SAGE SCENT WITH A TOUCH OF SWEETNESS The fresh lovely smell of sage has just a touch of sweet blackberries mixed in. This candle is topped with crushed sage.	A WARM BLEND OF BERRIES + FLOWERS + HINT OF PERFUME This candle is a sweet and soft mix of raspberry, red currant, tulip, freesia, heliotrope, rose, cashmere musk, vanilla, and amber.
15 Hours SKU: SEQ-TSC15 \$10.00/EACH	15 Hours SKU: SEQ-SGC15 \$10.00/EACH	15 Hours SKU: SEQ-BSC15 \$10.00/EACH	15 Hours SKU: SEQ-JDC15 \$10.00/EACH
30 Hours SKU: SEQ-TSC30 \$20.00/EACH	30 Hours SKU: SEQ-SGC30 \$20.00/EACH	30 Hours SKU: SEQ-BSC30 \$20.00/EACH	30 Hours SKU: SEQ-JDC30 \$20.00/EACH
60 Hours SKU: SEQ-TSC60 \$28.00/EACH	60 Hours SKU: SEQ-SGC60 \$28.00/EACH	60 Hours SKU: SEQ-BSC60 \$28.00/EACH	60 Hours SKU: SEQ-JDC60 \$28.00/EACH

- ~ blend of natural waxes: soywax and beeswax
- ~ burns cooler, and when finished you can easily rinse out the tin to repurpose
- ~ made with blend of phthalate free fragrance oils and essential oils
- ~ contains no artificial colors



EARTH'S ESSENCE ROLL-ON OIL BLENDS

Each 10ml bottle contains Semi-precious stones to enhance your wellbeing.

\$25.99
EACH



SKU: MON-E052

MOTHER NATURE

Cedar, Lavender, Grapefruit
Citrine stones for Joy
and Happiness



SKU: MON-E053

NATURE'S BREATH

Peppermint, Rosemary, Lavender
Amethyst stones for Balance
and Positivity



SKU: MON-E054

OJIBWAY SUN

Sweet Orange, Vanilla, Lemon Grass
Tiger's Eye stones for
Inner Balance



SKU: MON-E055

SACRED LAND

Sweetgrass, Vanilla, Ylang-Ylang
Adventurine stones for
Natural Healing

These roll-on oil blends are infused with nature's finest essential oils and energized by semi-precious stones for holistic balance. Each 10ml blend harnesses the oils' unique qualities, offering a range of aromatic experiences, from calming and soothing to invigorating and refreshing. Whether seeking tranquility, mental clarity, or an energy boost, our blends are a natural way to align your mind and body.



SKU: MON-E057

CEDAR

Clear Quartz stones for
Positive Energy



SKU: MON-E058

SAGE

Clear Quartz stones for
Positive Energy



SKU: MON-E059

SWEETGRASS

Clear Quartz stones for
Positive Energy



SKU: MON-E060

POWER BLEND

Sage, Sweetgrass, Cedar
Clear Quartz stones for
Positive Energy

EXPERIENCE SAGE 3PC SAGE SCENT KIT

SKU: ME4991039608

\$47.95/EACH

SAGE IS USED IN CEREMONY FOR SMUDGING;
AS A MEANS TO CLEANSE NEGATIVITY FROM
OURSELVES AND OUR SPACES.



Experience Sage Collection includes:

- ~ Wildmint Sage Handmade Soap
100 gm / 3.53 oz
- ~ Sage Aromatherapy Mist
120 ml / 4.06 oz
- ~ Sage Scented Candle - 114gm / 4 oz

EXPERIENCE CEDAR 3PC CEDAR SCENT KIT

SKU: ME4991039609

\$47.95/EACH

CEDAR IS NATURE'S PURIFIER AND BOASTS
A DISTINCTLY RESINOUS FRAGRANCE.
IT REPRESENTS GROUNDING, MATURITY,
PURIFICATION AND BALANCE.



Experience Cedar Collection includes:

- ~ Cedar Balsam Handmade Soap
100 gm / 3.53 oz
- ~ Cedar Aromatherapy Mist
120 ml / 4.06 oz
- ~ Cedar Balsam Scented Candle -
114gm / 4 oz

EXPERIENCE SWEETGRASS 3PC SWEETGRASS SCENT KIT

SKU: ME4991039610

\$47.95/EACH

SWEETGRASS IS SOMETIMES CALLED THE HAIR
OF MOTHER EARTH AND IS CONSIDERED A
SACRED GIFT.



Experience Sweetgrass Collection
includes:

- ~ Sweetgrass Handmade Soap
100 gm / 3.53 oz
- ~ Sweetgrass Aromatherapy Mist
120 ml / 4.06 oz
- ~ Sweetgrass Scented Candle -
114gm / 4 oz

EXERCISE MAT

Durable for both indoor and outdoor use.
Made with high quality materials.
Provides excellent traction.
24" x 72" (61cm x 183cm)
¼" thick (6mm)

SKU: YM-01

\$39.95
EACH

Comes in a 100%
cotton canvas bag
for easy transport &
protection



Develop healthy habits by combining fun with fitness with our yoga and exercise
mat. Durable enough for indoor and outdoor use, incorporate into activities
that develop mind-body awareness, promote individual and team skills, motor
development, and sports strategy.

